

NEWSLETTER

CELEBRATING GRANDPARENTS & SPECIAL FRIENDS

Today we welcomed some of our favourite people into the school – our wonderful grandparents and special friends! In Catholic tradition, we celebrate Grandparents Day alongside the feast of St Anne and St Joachim, the grandparents of Jesus. To mark the occasion, students dressed up as their 100-year-old selves—complete with glasses, grey hair, walking sticks and all! It was such a joy to have our special visitors join us this afternoon to share stories, play games and celebrate together. Thank you for the love, wisdom, and support you bring to our lives – we are so lucky to have you!

P.E. IS NOW ON THURSDAY
FOR JUNIORS AND
THURSDAY + FRIDAY FOR
SENIORS, SO PLEASE
DON'T FORGET TO WEAR
YOUR SPORTS UNIFORM
AND RUNNERS!



From your Principal...

Welcome to Term 3!

It was wonderful to see so many smiling faces on Monday as we kicked off Term 3. We've loved hearing the holiday stories and seeing the energy students have brought back with them.

A warm welcome to Ms Catherine Taggart, who is joining us while Karen is on leave – we're thrilled to have her on the team. And a special welcome back to Mss Kathy Jarrad, who has returned from parental leave. It's lovely to have you with us again.

Our teachers have been busy preparing engaging lessons and experiences for the term ahead – we're looking forward to another fantastic term of learning and growth!

Suzie

**Take
note!**

WEEK 2

Wednesday 30th July
SAC Meeting 6pm
Glenelg Inn

WEEK 3

Thursday 7th August
Jeans for Genes Day
Friday 8th August
Mary MacKillop Day

WEEK 4

DENTAL VAN VISIT

Tuesday 12th August
Learning Walk 9am

Hip Hip Hooray – 100 Days of Prep!



Our clever little Preps have officially hit 100 days of school – and what a fantastic adventure it's been! From mastering morning routines to making new friends, learning letters, numbers and everything in between, they've done it all with big smiles and curious minds. We're so proud of their amazing efforts and can't wait to see what the next 100 days will bring!

LifeChanger Youth HQ LifeChanger Program

This week, our senior students had the exciting opportunity to join students from Casterton Primary School for the LifeChanger program - an initiative run through Youth HQ. Across two engaging sessions (with two more to come next week), students have been exploring big ideas like emotions, resilience and what it means to build strong, positive connections with others.

The LifeChanger workshops are designed to help young people develop confidence, recognise their unique strengths, and build the tools they need to navigate life's challenges. It's been a fantastic way for our students to connect with peers from other schools, reflect on their values, and grow into future leaders with a strong sense of self.

I enjoyed the bingo and playing the fun games with new people, people who I wouldn't normally play with. I'm looking forward to seeing them again next week.

Ruby

I enjoyed the games and the conversations we had with new people. I'm really looking forward to next weeks session

Brody



SPECIAL REPORT

Sibling Relationships

Sibling relationships play a big role in a child's social and emotional development. With the right guidance, these relationships can become a lifelong source of support and friendship. Encouraging open communication, valuing differences, and resolving conflicts respectfully helps build stronger bonds. By avoiding comparisons and recognising each child's unique strengths, families can foster harmony and resilience at home.

Follow this link to our school landing page where you will find a valuable array of resources on varying topics for school aged children.



<https://shcasterton.catholic.schooltv.me>

CHILD SAFETY SPOTLIGHT

Supporting Children to Speak Up

At Sacred Heart, we believe every child has the right to feel safe, supported and heard. One of the most powerful ways we can protect our children is by teaching them that it's okay to speak up if something doesn't feel right. Encouraging your child to talk to a trusted adult—whether it's a parent, teacher, or family friend—helps build confidence, strengthens communication, and ensures that worries don't stay bottled up.

Here are some simple ways you can support this at home:

- Let your child know they can always talk to you about anything – big or small.
- Practice naming trusted adults they could go to if they needed help.
- Praise your child for being honest, even when it's tricky.
- Reassure them that asking for help is a brave and strong thing to do.

Let's keep the conversation going – together we can build a strong safety net for our kids.

Great child-friendly resources are available through Bravehearts – an Australian organisation that helps kids learn about body safety, boundaries and speaking up with confidence.

Bravehearts
EDUCATE • EMPOWER • PROTECT

bravehearts.org.au



LEARNING WALK

**A GUIDED LEARNING WALK
FOR PROSPECTIVE AND
CURRENT PARENTS**

- *Watch*
learning in action
- *Discover*
how our kids learn
- *Talk*
with our team

**TUESDAY 12th AUGUST - 9AM
MONDAY 8th SEPTEMBER - 9AM**

If you can't make it on these dates, please give us a call and we can arrange a time that suits you.



Welcome Back Miss Jarrad & Hello to Ms Taggart!

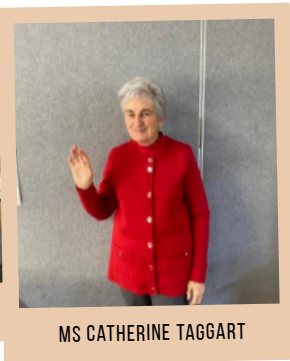
We're excited to welcome Miss Katherine Jarrad back to Sacred Heart after her maternity leave. Miss Jarrad will be working Wednesday to Friday for the remainder of the year and will be the main point of contact while Mrs Hausler is away on long service leave. She'll do her best to check Class Dojo most days for any messages or questions.

We also warmly welcome Ms Catherine Taggart, who will be working with us on Monday to Wednesday. Ms Taggart is already a familiar face, having supported classes as a CRT last year, and is thrilled to be back for the next six weeks. She's looking forward to getting to know the students even better - and she's always up for a chat about her favourite activity, camping!

Reader books and library books can now be changed on Mondays with Ms Taggart and Joy. We're very lucky to have such a wonderful team supporting our students while Karen is away!



MISS KATHY JARRAD



MS CATHERINE TAGGART



Feeling Unwell? Please Stay Home

There are lots of colds and flus going around at the moment, and the best way to stop the spread is to keep unwell children at home until they're feeling better. Rest, recover and return when ready - it helps keep everyone at school happy and healthy!

NAPLAN Results - Now Available

NAPLAN results have been sent home this week for students in Years 3 and 5. These results give a snapshot of your child's progress in literacy and numeracy, compared to national benchmarks. While helpful, they are just one part of the bigger picture of your child's learning.

At Sacred Heart, we use these results alongside regular classroom assessments to guide teaching and support each child's growth. We're especially pleased with the achievements our students have made in mathematics and writing, with just over half our students performing at or above the national average. This reflects the hard work of our students and staff, and the strong partnership we have with families. If you have any questions about your child's results, please contact their teacher.

2025 Non-Government Schools Census

Each year, all non-government schools - including ours - are required to take part in a national census conducted by the Australian Government Department of Education. This census collects general information about our school's staff and student population to help calculate school funding, shape education policy and meet reporting obligations.

Rest assured, no personal names or private details are shared—just broad information like year levels, student numbers, and support needs.

✦ **You don't need to do anything - this process is managed by the school.**

To read the full privacy notice, click here: [Non-Government Schools Census Notice](#)

Don't Miss This!

We're excited to share an incredible opportunity for parents, carers and educators in our community! A special event featuring Dr Michael Carr-Gregg, one of Australia's leading child and adolescent psychologists.

Dr Carr-Gregg is a powerful speaker with over 30 years of experience, known for turning research into practical, real-world strategies. This is a must-attend event for anyone supporting children in today's digital world.

RSVP by 25 July for catering - call (03) 5554 2555 or email - mail@cmh.org.au

**BUILDING
HAPPY AND RESILIENT
CHILDREN**

**MONDAY 28 JULY
THE HUB, CASTERTON PRIMARY SCHOOL
ENTRY VIA MAIN RECEPTION ON MCPHERSON ST
9:00 AM START / BREAKFAST FROM 8:30 AM**

*For parents, carers, educators
and anyone raising or supporting
children in today's digital world*

Topics include:

- ✓ The importance of building resilience in uncertain and fast-changing times
- ✓ Helping kids cope with disappointment, failure, setbacks and change
- ✓ Practical tools and strategies you can use at home or in the classroom
- ✓ ...and more!

*This event will leave you informed,
inspired and empowered*



**GUEST PRESENTER
Dr Michael Carr-Gregg**

Leading expert in child & adolescent psychology with over 30 years of clinical experience, known for turning research into real-world strategies that support young people's mental health and wellbeing

PLEASE RSVP BY 25 JULY FOR CATERING PURPOSES TO CMH RECEPTION:

☎ (03) 5554 2555

✉ mail@cmh.org.au

Thanks to our grandparents...

Today, we give thanks for our grandparents and special older friends. We remember the love, wisdom, and faith they pass down through the generations—just as Jesus' own grandparents, Saints Joachim and Anne, did for Mary and for Jesus

A reading from the Gospel of Luke (2:22–40, adapted for students)

When Jesus was still a baby, Mary and Joseph took Him to the temple in Jerusalem. There, they met Simeon and Anna—two wise, older people who had been waiting a long time to see God's promise come true. When they saw Jesus, they were filled with joy. They thanked God for the gift of this child who would bring hope to all people.

LOVING GOD,

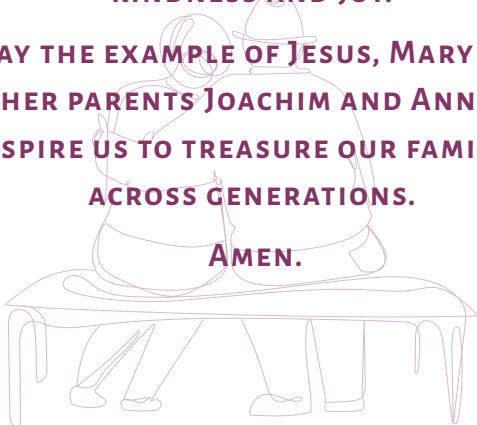
**THANK YOU FOR THE GIFT OF
GRANDPARENTS.**

**FOR THEIR STORIES, HUGS,
LAUGHTER AND LOVE.**

**HELP US HONOUR THEM WITH
KINDNESS AND JOY.**

**MAY THE EXAMPLE OF JESUS, MARY AND
HER PARENTS JOACHIM AND ANNE,
INSPIRE US TO TREASURE OUR FAMILIES
ACROSS GENERATIONS.**

AMEN.



www.shcasterton.catholic.edu.au

WE'RE HIRING!

JOIN OUR TEAM AT SACRED HEART PRIMARY SCHOOL, CASTERTON!

MENTAL HEALTH AND WELLBEING LEADER

We are excited to announce that we're looking for a passionate Mental Health and Wellbeing Leader (MHWL) to support our school community. This part-time (0.4 FTE) role, (with potential to be 0.8 FTE), plays a vital part in fostering a whole-school approach to mental health and wellbeing.

Key Highlights:

- Promote and implement mental health strategies for students, staff, and families.
- Collaborate with teachers and leadership to embed mental health initiatives.
- Coordinate pathways for students needing further support.

Qualifications:

- Current VIT registration.
- Experience in student wellbeing/mental health is a plus.

Join us in nurturing a caring environment where students can thrive!

For more details, visit our website or contact Principal Suzie McManus at 03 5581 1131 or principal@shcasterton.catholic.edu.au



SACRED HEART PARISH

MASS TIMES

1st Sunday - 9am Mass | 2nd Sunday - 10am L.L.A
3rd Sunday - 5pm Mass | 4th Sunday - 11am Mass
5th Sunday - 9am Mass

We acknowledge the Gunditjmara people who are the Traditional Owners of the land where we play and learn. We pay our respects to Elders –past and present– and recognise their deep connection to the land, water and sky. At Sacred Heart, we are dedicated to walking on the path of reconciliation.

PRINCIPAL: Suzie McManus

SAC CHAIRPERSON: Noni Mason

Western Border - Mary MacKillop Parish: Co-Pastor - Fr Patrick Mugavin

Sacred Heart Parish: Co-Pastor - Fr Cay Trinh

 03 5581 1131  principal@shcasterton.catholic.edu.au  39 Robertson St, CASTERTON